

# Insight Meditation Ann Arbor

## Community Meeting Minutes

January 10, 2016

**Call to Order:** 11:35 a.m.

**Board/Treasurer's Report:** Richard K. reports the sangha's ending balance for December was \$5,685.76. An additional amount of \$639.09 donated through PayPal and not yet deposited brings our 2015 balance to \$6,324.85.

**Teacher Report:** Susan W. reports the teachers are currently planning spring/summer class offerings. She is actively looking for input from sangha members as to what they would like to see offered in the way of classes or workshops.

**Building Committee:** Lou W. made a presentation to the group on behalf of the Building Committee outlining a plan to raise funds for the purchase of items sangha members have identified as either necessary or potentially beneficial to our meditation space. Those in attendance provided feedback and Lou will be sending out a letter to the sangha in the future with further information.

**Old Business:** Further discussion regarding the development of a room use policy. After some comments the group agreed to place this on the agenda for next month for more in-depth consideration.

**New Business:** Susan W. brought up the idea of beginning a Wednesday evening meditation sitting. The sitting would be from 5:45 – 7:00 p.m. and would include two half hour sitting meditations separated by a 15 minute walking meditation. Several individuals at the meeting expressed interest and supported the additional sitting. Susan will send out notice to the sangha as to when the sitting will begin.

Lou brought up the possibility of offering childcare during Sunday sittings. We have permission from the church to use additional space for childcare. This would require 2-3 sangha members who would be willing to form a committee and spearhead the effort.

Sheryl K. offered to facilitate a book discussion based on the book *Being Mortal* by Dr. Atul Gawande. Those present expressed interest and support for this event.

**Adjournment:** 12:50 p.m.

Respectfully submitted,  
Diane M.